



# A Recycling Reminder

Hang this on your wall!



## Metal Cans & Foil

Rinse cans. Place lids in a can, pinch closed and put loose in blue bin. **Do not put aluminum cans inside tin ones.** Include clean aluminum foil and pie plates. **Flattened cans save space!**

**No** pots, cigarette or butter wrappers or scrap metal. Avoid putting pop cans inside other cans.



## Empty Aerosol and Paint Cans

Make sure metal containers are empty. Take lids off the paint cans to let them dry, and place in the blue bin. Don't bag them.

**No** containers with product, paint cans larger than 4 litres (1 gallon), propane cylinders or other hazardous waste.



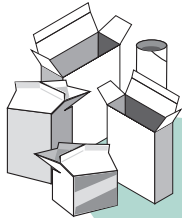
## Plastic Containers

Discard tops and rinse containers for soft drinks, water bottles, detergents, juice, bleach, shampoo, dairy products as well as clear and foam plastic cups, trays and packaging. Flatten soft drink and water containers and replace lids. All plastics with the numbers 1 to 6 on the bottom are OK.

**No** blister or bubblepacks, prescription bottles or toys.



PLASTIC & METAL CONTAINERS



## Boxboard and Mixed Paper

Flatten and stuff boxboard into a large box or bag. Boxboard includes cereal, shoe and detergent boxes as well as rinsed milk and juice cartons, paper bags, "Tetra Paks", sugar & flour bags, cardboard tubes, books (hardcover & paperback), egg cartons and other clean paper packaging.

**No** tissue, paper towel or laminated paper.



## Plastic Bags

Stuff clean, dry plastic bags into a plastic bag and tie handles. Include rinsed milk pouches, grocery, bread, dry cleaning, frozen vegetable and newspaper bags as well as outer wrapper from toilet and hand tissues. Remove food residue, stickers and receipts.

**No** meat, cheese or stretch wrap, cereal box liners or chip bags.



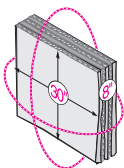
## Newspapers & Magazines

Place newspapers, inserts, phone books, magazines, junk mail, household paper and catalogues in a plastic bag and put in your blue bin.

**No** soiled newspapers. Keep boxboard and cardboard separate, not mixed with newspaper and magazines.



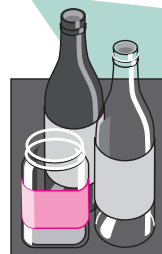
PAPER FIBERS



## Corrugated Cardboard

Flatten corrugated cardboard boxes into a maximum size of 30" x 30" x 8". Place in designated area in depot.

**No** waxed boxes, soiled pizza boxes.



## Bottles & Jars

Remove caps and lids and rinse bottles. Metal lids can be recycled with cans. Don't bag them.

**NO OTHER TYPES OF GLASS SUCH AS KITCHENWARE, CERAMICS, DISHES, DRINKING GLASSES, WINDOW GLASS, LIGHT BULBS OR MIRRORS.**



CLEAR GLASS

maximum 18" in height



COLOUR GLASS

**RECYCLING QUESTIONS? Call 613 394 6266 or toll free 1 800 210 0762 or visit our web site: [www.quinterecycling.org](http://www.quinterecycling.org)**